

# Pre / Post Participant Test Supportive Pathways

Name: \_\_\_\_\_

\*Total Score out of 25

Date: \_\_\_\_\_

- 1.) Which of the following would be considered normal changes of aging? Mark T for True and F for False or "?" if unsure.
- \_\_\_\_\_ Bladder incontinence
  - \_\_\_\_\_ Slower reaction time
  - \_\_\_\_\_ Need for more light
  - \_\_\_\_\_ Less able to hear low pitch sounds
  - \_\_\_\_\_ Decrease in the amount the bladder holds
  - \_\_\_\_\_ Older people are less sensitive to medications so you need higher doses
- 2.) Which of the following changes are seen in the brain of people with Alzheimer Disease?
- \_\_\_\_\_ Decrease in dopamine
  - \_\_\_\_\_ Overgrowth of tissue
  - \_\_\_\_\_ Amyloid plaques
  - \_\_\_\_\_ Pick bodies
- 3.) Which of the following is a reversible cause of Dementia?
- \_\_\_\_\_ Picks Disease
  - \_\_\_\_\_ Depression
  - \_\_\_\_\_ Alzheimer Disease
  - \_\_\_\_\_ Lewy Body Dementia
- 4.) Please indicate "T" for true, "F" for false or "?" if you are unsure for the following statements.
- \_\_\_\_\_ Reminiscing should be avoided with clients as it increases their depression
  - \_\_\_\_\_ It is normal for the older people to want to die so we should ignore these statements
  - \_\_\_\_\_ Aggression and resistance to care can be caused by fear
  - \_\_\_\_\_ When dealing with a resident who is looking for their mother it is best to tell them in a kind manner that their mother is dead
  - \_\_\_\_\_ Restraints keep clients safe
  - \_\_\_\_\_ Medication can be considered a restraint
  - \_\_\_\_\_ Clients with very late stage dementia are prone to choking and aspiration
  - \_\_\_\_\_ Aricept is a drug to treat depression
  - \_\_\_\_\_ Difficulty dressing may be caused by damage to the frontal lobe of the brain
  - \_\_\_\_\_ Delirium usually has a quick onset
- 5.) Which type of dementia is caused by small strokes?
- \_\_\_\_\_ Pick's Disease
  - \_\_\_\_\_ Lewy Body Dementia
  - \_\_\_\_\_ Alzheimer Disease
  - \_\_\_\_\_ Multi-infarct Dementia

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6.) Which of the following could be signs of pain in non-verbal clients?

- ☐ calling out for help
- ☐ aggression
- ☐ fast breathing
- ☐ furrowed brow
- ☐ All of the above

7.) To keep yourself safe when dealing with aggressive older persons it is best to:

- ☐ Approach from behind so they can't hit you
- ☐ Use only non-verbal communication
- ☐ Limit eye contact so they aren't challenged
- ☐ Enter their space slowly

8.) Which of the following activities would be best for a very late stage dementia client?

- ☐ Craft group
- ☐ Playing favourite music
- ☐ Setting the table
- ☐ Exercise group

9.) Mr. Jones is pacing and has a stressed look on his face. Which would you do?

- ☐ Leave him alone
- ☐ Try to find out what was wrong
- ☐ Take him to the bathroom

10.) Mr. Marshall's daughter stops you in the hall and asks why her father has a big bruise on his arm. You aren't his nurse today and are really busy. Which of the following would be the best response.

- ☐ "I don't know, I'm not his nurse. I think Jane is down the hall somewhere".
- ☐ "His nurse is at lunch right now. I'll get her to see you when she gets back."
- ☐ "They all have fragile skin so bruise easily."
- ☐ "Come with me and I'll check the chart and find someone who can help you".

11.) Clients with dementia have altered touch sensation so don't want to be touched.

- ☐ True
- ☐ False